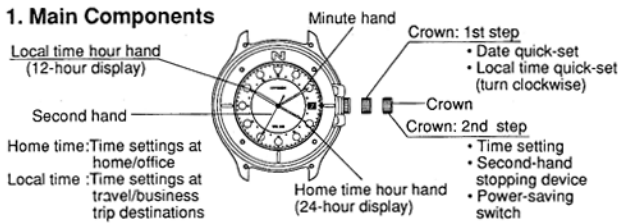


1. Main Components



2. Reading the watch



When the watch hands appear as in the diagram:

- Home time in Tokyo is 18:10'35" (24-hour display)
- Local time in London is 10:10'35" AM (12-hour display) on the 28th.

NOTE

- The minute and second hands are the same under home and local time.
- The date is synchronized with local time.

3. Setting the time

This watch features unique dual-time operation for "home" and "local" times. This section demonstrates the time-setting procedures for these time functions.

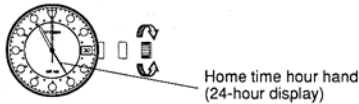
EXAMPLE

Home time: TOKYO 10:00'00"AM

Local time: NEW YORK 8:00'00" PM (day before)

(10 o'clock in the morning in Tokyo is 8 o'clock in the evening of the previous day in New York.)

a. Setting the home time in Tokyo to 10:00 AM

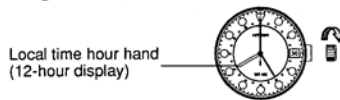


- Pull the crown out to the second step to stop the second hand in the 12 o'clock position.
- Turn the crown to the left or right, whichever is more convenient, to bring the home time hour and minute hands to the 10 o'clock position.

The home time hour hand is calibrated for a 24-hour time display. When adjusting the minute hand, first turn the hand about 10 minutes past the destination time and then back to the designated position to ensure firm adjustment of the watch movement. This adjustment synchronizes the local time hour hand.

- Push the crown in to the normal position at the sound of a time signal to complete the time setting procedure.

b. Setting the local time in New York to 8:00 PM



- Pull the crown out to the first step.
- Turn the crown to the right (clockwise); the local time hour hand will quick-advance 30 minutes. Set the local time hour hand to 8:00 PM.

NOTE

- Setting the local time hour hand to the hour provides a more accurate time setting.
- Setting the local time hour hand to a position other than an exact hour position may prevent the correct time from being displayed.
- The date is synchronized with the local time hour hand. Always check to make sure the AM and PM settings are correct when adjusting the local time.

4. Setting the date



- Pull the crown out to the first set.
 - Turn the crown to the left (counterclockwise) to adjust the date.
- The date is synchronized with the local time. To display the date in New York for the previous day when it is the 30th in Tokyo, set the date to 29.

NOTE

Setting the date (Quick setting function)

Do not set the date between 9:00 PM and 1:00 AM. This may affect the calendar function and you may not get the correct date the next day.