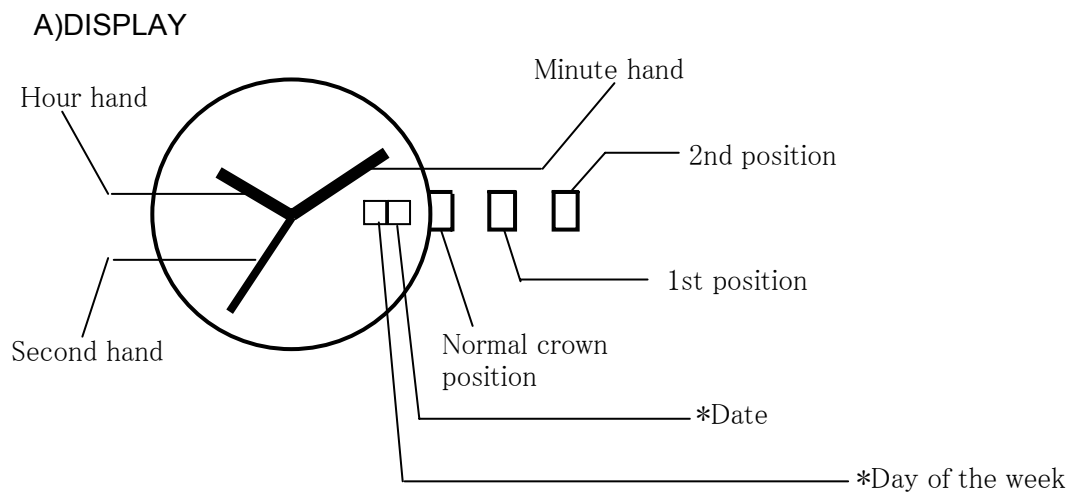


INSTRUCTION MANUAL FOR MIYOTA WATCH MOVEMENT

AUTOMATIC MECHANICAL MOVEMENT

INSTRUCTION MANUAL



*Date & Day of the week position may be located at different position depends on models.

B) Winding the mainspring

Automatic winding watch can also be hand wound by turning the crown in "A" position. Wind 15-20 times and it will start to move naturally after shaking slightly.

C) SETTING THE TIME

1. Pull the crown out to the 1st position.
2. Turn the crown to set hour and minute hands.
3. Push the crown back to the normal position.

D) SETTING THE DATE

1. Pull the crown out to the 1st position.
2. Pull the crown from the 1st position to the 2nd position, then date advances one day.
3. After the date has been set, push the crown back to the normal position.

E) SETTING THE DAY OF THE WEEK

1. Pull the crown out to the 1st position.
2. Turn the crown to set the day of the week.
* If the day of the week is set between the hours of around 9:00 PM and 4:00 AM, the day of the week may not change the following day.
3. After the day of the week has been set, push the crown back to the normal position.